

Personal Style Assessment

1. Read each statement and circle the number along the continuum that best describes what you would prefer to do or be. If you have a strong preference, circle 1 or 5. If it is moderate circle a 2 or 4. Remember, there are no right or wrong answers.
2. Do NOT answer according to what you feel is expected by a spouse, family member, church leader, or employer.
3. Total each section and write the totals in the boxes.

HOW ARE YOU ENERGIZED?

1. I'm more comfortable...
 - a. Doing things for people **1 2 3 4 5** being with people
2. When doing a task, I tend to...
 - a. Focus on the goal **1 2 3 4 5** Focus on the relationship
3. I get more excited about...
 - a. Advancing a cause **1 2 3 4 5** Creating Community
4. I feel I have accomplished something when I've...
 - a. Completed a job **1 2 3 4 5** Built a relationship
5. It is more important to start a meeting...
 - a. On time **1 2 3 4 5** When everyone gets three
6. I am more concerned with...
 - a. Meeting a deadline **1 2 3 4 5** Maintaining the team
7. I place a higher value on...
 - a. Action **1 2 3 4 5** communication

How are you
ENERGIZED?

E=

HOW ARE YOU ORGANIZED?

1. I place a higher value on...
 - a. Be spontaneous **1 2 3 4 5** follow a plan
2. I prefer to set guidelines that are...
 - a. General **1 2 3 4 5** Specific
3. I prefer to...
 - a. Leave my options open **1 2 3 4 5** Settle things now
4. I prefer projects that have...
 - a. Variety routine
5. I like to...
 - a. Play it by ear **1 2 3 4 5** Stick to a plan
6. I find routine...
 - a. boring restful
7. I accomplish tasks best...
 - a. by working it out as I go **1 2 3 4 5** by following a plan

How are you
ORGANIZED?

O=

FIND YOUR PREFERRED STYLE

1. Take the total number from your “O” scale and place an “X” where you find it along the horizontal line (Unstructured/Structured).
2. Take the total from your “E” scale and place an “X” where you find it along the vertical line (Task-Oriented/People-oriented).
3. Along the “O” scale, draw a line up and down through the “X” you placed there.
4. Along the “E” scale, draw a line across through the “X” you placed there.
5. Your Personal Style is indicated at the intersection where the two lines cross.

